

CHICAGO TENNIS WORKSHOP SCHEDULE OF ACTIVITIES

FRIDAY, JANUARY 25, 2008

7:00 - 8:00 a.m.

Registration at the Tennis Complex

8:15-9:30

Drills Galore JORGE CAPESTANY
Stroke Workshop MATT RUNYON
The Job of the Head Professional &
Tennis Director DOUG CASH

9:45-10:45

No Lines-No Feeding:
Cooperative and Competitive Partner
Drills

KIRK ANDERSON
Tennis Business Block
PANEL OF SPEAKERS

11:00-12:00

The State of the Game
PETER BURWASH
Rules Interpretation JIM GUNZ
Getting Ahead in the Tennis Business
STEVE WILD

12:10-1:40

Lunch/IHSTCA Awards Luncheon or
Lunch on Your Own

1:45-2:45

A Fundamental is a Fundamental
is a Fundamental PETER BURWASH
Understanding Tennis Related Injury
Risks for Coaches and Pros

DR. NEERU JAYANTHI
Developing Doubles Strategy
for Your Players BRIAN GOTTFRIED

3:00-4:00

Train Like the Pros: Drills for Advanced
Players and Those Who Would Like to
Be

STEVE WILD
Incorporating On Court Tennis Specific
Fitness & Injury Prevention in Tennis
Training Programs
DR. NEERU JAYANTHI

FRIDAY, JANUARY 25 Seminar

IHSTCA

4:15-5:30

Six Tools That Make A Difference
BOB LOVE
The Keys to Launching a Successful
Quickstart Program
BUTCH STAPLES
IHSTCA MEETING

5:30 p.m.

Mixer: Mark Ficks & The Ten Minute
Warmup Band along with: "Re-
member,

SATURDAY, JANUARY 26, 2008
25 Years of the Chicago Tennis Work-
shop"

7:30-8:30 a.m.

Cardio Tennis Workout (participation)

8:45-10:00

Effective Doubles Strategies
BOB BAYLISS
Developing Mental Toughness
DAVE POWER

10:15-11:15

Applying Sports Science on Court
DR. JACK GROPPPEL

11:30-12:30

Developing Team Practices
ARVID SWAN
Promoting and Improving High School
Tennis Programs
SCOTT ENGE

12:30-1:30

Developing Your Players
MARK BEY



FEATURED SPEAKERS AND STAFF

Kirk Anderson: Kirk Anderson is the USTA Director for Recreational Coaches and Programs which provides services and resources to coaches and tennis leaders throughout the country involved with recruiting new players and retaining them. Anderson is certified by the USPTA and PTR and holds the Master Professional classification with both organizations. He has received the International Tennis Hall of Fame Educational Merit Award and was named Person of the Year by Racquet Sports Industry magazine in 2006. Kirk is a native of Kalamazoo, Michigan and currently lives in White Plains, New York. Anderson's appearance is provided by Head/Penn and the USTA.

Peter Burwash: Peter Burwash is one of the world's best tennis coaches. Peter has coached and played in over 134 countries in five continents. A Canadian champion and Davis Cup star in the 70's, he is today one of the busiest entrepreneurs in the world traveling an average of 264,000 miles a year in the process of managing Peter Burwash International, the world's largest and most successful international tennis management firm. He gives over one hundred speeches and seminars internationally each year and his book Tennis for Life has become an industry best seller. In 1995, Peter received the Education Merit Award from the International Tennis Hall of Fame for his contribution to the game of tennis. Burwash's appearance has been provided by Wilson Sports.

Brian Gottfried: Brian Gottfried won 25 career singles and 49 doubles titles including three Grand Slam Doubles Championships. He was ranked among the worlds top ten from 1976-1978 (third in 1977) and ranked in the top 20 though the 1980s. He played Davis Cup for the U.S. in 1976, 1977, 1978 and 1982. As a collegiate two time All American at Trinity, Brian was one of the top college players in the country and won the U.S. National Junior Outdoors Singles Championship as a freshman. He is currently the Tennis Director of the ATP International Headquarters. Brian's appearance is provided by Prince.

Dr. Jack Groppele: Dr. Jack Groppele is an internationally recognized authority on the application of sport science to human performance, and an expert in fitness and nutrition. A world renowned professional speaker, Dr. Groppele has shared the speaking platform with world figures ranging from former Presidents George Bush and Gerald Ford to Secretary of State Colin Powell. Dr. Groppele developed the Corporate Athlete concept for his training program while serving as an associate professor of kinesiology and bioengineering at the University of Illinois. Jack has written more than 400 articles about fitness, nutrition and stress. In 1992, he combined his program with Dr. Jim Loehr and Pat Etcheberry to form LGE Performance Systems. Dr. Jack's appearance is gratis from one of the workshop's all time good friends.

Additional Speaking Staff

Bob Bayliss: Bob Bayliss has built a reputation as one of the top collegiate coaches in the country over the past 37 years. While at Notre Dame, few others have turned out so many exceptional players, had such great team success and earned as many honors.

Mark Bey: Mark Bey is the Director of CARE Academy, which trains junior players who aspire to compete at the national level. The program operates at the Libertyville Club.

Jorge Capestany: Jorge Capestany is the manager of the DeWitt Tennis Center at Hope College. He is a USPTA Master Professional and has been named Michigan Pro of the Year five times and Midwest Professional of the Year twice.

Doug Cash: Doug Cash is the former COO at Tennis Corporation of America. Recently retired after 32 years, he was inducted into the Midwest USPTA Hall of Fame.

Scott Eng: Scott Eng is the founder of the National High School Tennis Coaches Association. Eng from Kansas was the National High School Coach of the Year in 1997 and 1998 and also has been voted Kansas Coach of the Year.

Jim Gunz: Jim Gunz is the former varsity tennis coach and current Athletic Director at Rolling Meadows High School.

Neeru Jayanthi, M.D.: Dr. Neeru Jayanthi is Chair of Education for the International Society for Tennis and Medicine Science and an ATP Physician for RCA Championships in Indianapolis.

Bob Love: Bob Love is a Master USPTA Professional from Kentucky and a retired math teacher. Love is a National USTA and USPTA clinician who speaks extensively around the United States.

Dave Power: Dave Power was a two time All American at Indiana University and the Head tennis coach at the University of Cincinnati for nine years. He is from Alpharetta, Georgia.

Matt Runyon: Matt Runyon is the Director of Junior Tennis at the Evergreen Racquet Club in Bloomington, Illinois and a former winner of the IHSTCA Sportsmanship Award.

Butch Staples: Butch Staples, head tennis professional at Chicago's Midtown Tennis Club has been honored as the first ever USTA's Recreational Coaches Workshop "Trainer of the Year".

Arvid Swan: Arvid Swan is the head men's tennis coach at Northwestern University. As a player, Swan was a world ranked professional in singles and doubles.

Steve Wild: Steve Wild is the owner/operator of the Libertyville Club which is known throughout the country for it's outstanding junior programs.

WORKSHOP PRE-REGISTRATION FORM

TWO DAY WORKSHOP \$115.00	FRIDAY ONLY \$95.00	SATURDAY ONLY \$50.00	IHSTCA ANNUAL AWARDS LUNCHEON \$25.00	WILL YOU ATTEND MIXER YES <input type="checkbox"/> NO <input type="checkbox"/>	TOTALS
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name _____			City/State _____ Zip _____		
Address _____			City/State _____ Zip _____		
Home Telephone () _____			Email Address _____		
School/Club _____			City/State _____ Zip _____		
School/Club Address _____			City/State _____ Zip _____		
School/Club Telephone () _____			Ext. _____		

MAKE CHECKS PAYABLE TO: TENNIS WORKSHOP & MAIL TO: Tennis Workshop, 50 Lochmoor Blvd., Grosse Pointe Shores, MI 48236
 Questions: Call Gary Bodenmiller (313)886-2944 • All pre-registrations must be postmarked no later than January 11.

CONFERENCE REGISTRATION INFORMATION

Advance, pre-paid registration \$115.00
 includes 2008 IHSTCA membership

Registration at the door 130.00
(does NOT include IHSTCA membership)

Friday Only 95.00

Saturday Only 50.00

IHSTCA Annual Awards Luncheon
 (Friday: 12:10-1:40) 25.00

Individuals are responsible for making their own
 overnight accommodations.

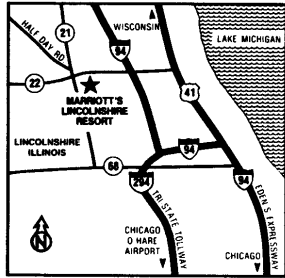
Note: Please be sure your reservation reaches the
 hotel by January 11, 2008 to insure your accom-
 modations. Otherwise, accommodations will be on
 a space available basis.

Prices: All rooms (single or double) \$99.00 per
 night, plus tax.

*When calling the Marriott to make reservations
 ask for "Tennis."*

Marriott's Lincolnshire Resort

10 Marriott Drive • Lincolnshire, Illinois 60069
 Telephone: 847-634-0100



Directions from O'Hare International Airport:
 North on the Tri-State Tollway (Route I-294) to Half Day
 Road. Turn left. Continue three miles to Milwaukee Avenue.
 Turn left and continue ½ mile to the resort entrance.

TENNIS WORKSHOP

50 Lochmoor Blvd.
 Grosse Pointe Shores, MI 48236

TO:

You Are Invited To . . .

**THE 25TH
 ANNIVERSARY
 CELEBRATION
 OF THE
 CHICAGO
 TENNIS
 WORKSHOP**

Presented By:
**The Illinois High School Ten-
 nis Coaches Association**

In Conjunction with USPTA Midwest Convention

January 25 & 26, 2008

Featuring:

*Kirk Anderson, Peter Burwash,
 Brian Gottfried & Dr. Jack Groppe*

Along with:

*Bob Bayliss, Mark Bey, Jorge Capestany, Doug Cash,
 Scott Enge, Jim Gunz, Dr. Neeru Jayanthi, Bob Love,
 Dave Power, Matt Runyon, Butch Staples,
 Arvid Swan and Steve Wild*

This year's conference is at the
Lincolnshire Marriott Resort
 10 Marriott Drive, Lincolnshire, Illinois
 847-634-0100